

Mommy Makeover

9-month Custom Rejuvenation Program

- Postpartum Restoration Made Possible
- Revive Energy, Vitality, Clarity & Confidence
- Rejuvenation of Body, Mind, & Metabolism

The Mommy Makeover is the ultimate 9-months of specialized rejuvenation services. Michigan Center for Holistic Medicine offers you the possibility to be nurtured in a customized wellness program designed to help you renew body, mind, and energy. This program offers a menu of services to **support the rejuvenation of your body, skin, muscle tone, hormones, gut microbiome, sleep, energy, nutrition, and more.**

Activate Your Inherent Radiance

Call or Text

Grand Rapids-Lansing **616-264-6556**
Traverse City- Frankfort **231-252-9000**



TESTIMONIALS

"After having my 3rd baby, I knew it was time to get myself back in shape."

"Not only does my skin feel rejuvenated, I can also see the difference!"

"I haven't given any attention to my abdomen until now. It felt fantastic to finally pay attention to a part of my body that did so much work with all my pregnancies!"

"I feel like a better mom because I took care of me."



MICHIGAN CENTER FOR
Holistic Medicine

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Head to toe postpartum body restoration made possible.



- Emsculpt - tone + build muscle with device-assisted body sculpting
- Skin Brilliance Membership for Face and Body Treatments
- Quarterly PRP Facial Treatments
- PRP-V Fem Shot for vaginal/ bladder rejuvenation
- C-Section Scar Injections
- Leg Vein Therapy
- Fat Burner Injection Series
- Comprehensive Non-invasive Treatment of Urinary Incontinence

Energy, Vitality. Clarity & Confidence

Cognitive decline is the most frustrating aspect.

We help you return to the top of your game.



- Heart Math "See the Stress Effects on Your Body"
- Ray Petras 4-week Healing the Subconscious Mind
- Dr. McSwain Online Course: Maximizing Cognitive Executive Function

Rejuvenation of Body, Mind, & Metabolism

Physician-guided Program with comprehensive wellness testing to guide the most personalized treatment for you.



- New Patient Visit
- Monthly 45-minute visits with the physician
- Results that Matter Metabolic Blood Testing + Alzheimers Gene Panel
- Food is Medicine Food Sensitivity Panel
- 7-Day Liver Detox Cleanse
- GI Maps Stool Testing
- Customized Infusions
- Tailored. Supplement Program

GET THE FULL PACKAGE AT 25% OFF